## West Norfolk Academies Trust - Respiratory self-assessment

In this workplace, substances are in use that have the potential to cause allergic chest problems. Following an assessment under Regulation 6 of the Control of Substances Hazardous to Health (COSHH) regulations 2002, all staff with potential exposure are to complete an annual self-assessment to identify potential issues allowing mitigation measures to be implemented.

Therefore, please complete the following assessment and return to the Trust Estates Manager or Site Manager.

| School Site: |  |
| :--- | :--- |
| Department: |  |
| Hazards exposed to: |  |
| Date of Assessment: |  |
| Name: |  |
|  | Response. |
| Previous employment |  |
| Have you experienced <br> chest problems such as <br> breathlessness, chest <br> tightness etc prior to <br> employment? |  |
| If yes, did you inform the <br> school of the issues <br> upon the start of <br> employment? |  |
| Was medical guidance <br> obtained for previous <br> issues prior to <br> employment with the <br> school? | Yes / No |
| What control measures if <br> any were implemented <br> prior to employment with <br> the school? |  |


| Recurring bouts of <br> coughing? | Yes / No |
| :--- | :--- |
| Recurring tightness of <br> the chest? | Yes / No |
| Recurring wheezing ? | Yes / No |
| Any other recurring <br> issues associated with <br> respiration? | Yes / No |
| Reporting |  |
| Where problems have <br> been identified have you <br> requested medical <br> guidance? | Yes / No |
| Where problems have <br> been identified have you <br> informed the your/ <br> school management? | Yes / No |
| If yes, what additional <br> control measures have <br> been implemented? |  |
| PpE Awareness |  |
| Are you aware of the <br> need to wear PPE when <br> carrying out your role? | Yes / No |
| Declaration |  |
| I confirm that the responses I have provided are correct and that should I develop issues <br> during my employment I am to make the school management aware. <br> Signature |  |

